



THE UNIVERSITY OF BRITISH COLUMBIA

Are you living with cervical dystonia?

We are interested in learning more about lifestyle factors in cervical dystonia!

What is being studied?

- Under the direction of Dr. Appel-Cresswell, clinical researchers at the University of British Columbia (UBC), Vancouver, are examining how lifestyle factors (e.g. physical activity, diet) are related to cervical dystonia in an online survey. This is an area of research with not a lot of data in medical literature, and we are hoping to shed light on the links between different lifestyle factors and cervical dystonia.

Where does the study take place?

- This survey study is online (approximately 60-120 minutes). It can be completed anywhere with access to the internet.

Who can participate in the study?

You may be eligible to participate if you:

- Are 19 years old or older.
- Have a diagnosis of idiopathic cervical dystonia, where your cervical dystonia is not explained by another cause (e.g. cerebral palsy, anoxic or traumatic brain injury, stroke, drug-induced).
- Do not have severe cognitive impairment.

What is involved in this study if you were to participate?

- One-time online survey with questions asking you about symptoms of cervical dystonia, medical history, use of botulinum toxin injections, lifestyle factors (e.g. physical activity, diet), and mood.

If interested, please contact us:

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